INSPIRE MALIBU REHAB *Packing List*

Clothes

- T-Shirts/Shirts
- Pants/Shorts
- 🔿 Jeans
- Sleepwear
- Jacket/Sweater
- 🔿 Underwear
- 🔵 Swimwear
-) Closed Toe Shoes
-) Gym Attire & Shoes

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Toiletries

-) Toothbrush
-) Deodorant
-) Shampoo
- 🕥 Body Wash
-) Sunscreen
-) Hairbrush
-) Body Lotion

Electronics

- 🔵 Cell Phone
- Laptop/Tablet
-) Headphones
-) iPod or MP3 Player

Miscellaneous

Documents

- 🔘 Insurance Card
- ID/Driver's License
- Prescription Card
- Debit or Credit Card

Chargers

Hospital Discharge Paperwork

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Others

Closed/Unopened
Cigarettes/Vapes

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Prescribed
Medications in
Original
Containers

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Safety Precaution:

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Any open beverages and cigarettes/vapes will be destroyed. Products with alcohol, sharps, hair tools, cords, aerosol cans, perfumes/colognes, etc. will be kept for check in/out purposes. Unlabeled medications, street pills, drugs, and anything considered contraband will be destroyed. Weapons are not permitted.